



## TODAY'S MASS READINGS

### First reading

A reading from the prophet Zechariah

The Lord says this:

Rejoice heart and soul, daughter of Zion!

Shout with gladness, daughter of Jerusalem!

See now, your king comes to you;

he is victorious, he is triumphant,

humble and riding on a donkey,

on a colt, the foal of a donkey.

He will banish chariots from Ephraim

and horses from Jerusalem;

the bow of war will be banished.

He will proclaim peace for the nations.

His empire shall stretch from sea to sea,

from the River to the ends of the earth.

The Word of the Lord

### Responsorial Psalm

Response: I will bless your name forever, O God my King.

### Second Reading

A reading from the letter of St. Paul to the Romans

Your interests are not in the unspiritual, but in the spiritual, since the Spirit of God has made his home in you. In fact, unless you possessed the Spirit of Christ you would not belong to him, and if the Spirit of him who raised Jesus from the dead is living in you, then he who raised Jesus from the dead will give life to your own mortal bodies through

his Spirit living in you.

So then, my brothers, there is no necessity for us to obey our unspiritual selves or to live unspiritual lives. If you do live in that way, you are doomed to die; but if by the Spirit you put an end to the misdeeds of the body you will live.

The Word of the Lord.

### Gospel Acclamation

Alleluia, alleluia! Blessed are you, Father, Lord of heaven and earth, for revealing the mysteries of the kingdom to mere children. Alleluia!

### Gospel

A reading from the holy Gospel according to Matthew

Jesus exclaimed, 'I bless you, Father, Lord of heaven and of earth, for hiding these things from the learned and the clever and revealing them to mere children. Yes, Father, for that is what it pleased you to do. Everything has been entrusted to me by my Father; and no one knows the Son except the Father, just as no one knows the Father except the Son and those to whom the Son chooses to reveal him.

'Come to me, all you who labour and are overburdened, and I will give you rest. Shoulder my yoke and learn from me, for I am gentle and humble in heart, and you will find rest for your souls. Yes, my yoke is easy and my burden light.'

The Gospel of the Lord



## ARLES DOONANE PARISH NEWSLETTER

SERVING ARLES, BALLYLINAN, DOONANE, KILLEEN AND MAYO

14th Sunday in Ordinary Time

5th July 2026

### Finding Solace in Jesus

In the Gospel reading today Jesus invites us to find rest and solace in Him. He acknowledges the burdens we carry, the struggles we face, and He offers to share our yoke, to lighten our load. Jesus assures us that the demands of God are not beyond our strength. He invites us to turn to Him, to place our trust in Him, and to seek His help when life becomes overwhelming.

This message is profoundly relevant in our own lives. We too encounter moments when we feel overwhelmed, burdened by the challenges and trials that come our way. We may face personal struggles, societal unrest, or the weight of expectations and responsibilities. In those moments, it is easy to rely solely on our own strength, to become consumed by worry and doubt.

#### Relying on Jesus in Difficult Times

But the readings remind us that we are not alone. Just as God promised a new king in Zechariah's time, He has given us Jesus Christ, the King of Kings, who offers us His love, mercy, and companionship. Jesus understands our burdens because He carried the weight of the world upon His own shoulders. He beckons us to come to Him, to surrender our anxieties, and to find solace in His gentle and compassionate presence.

Turning to Jesus in our times of need requires humility, faith, and a willingness to let go of our self-reliance. It means acknowledging that we cannot navigate life's challenges alone and that we need the help of our loving Saviour. It involves surrendering our burdens and allowing Him to guide us along the path of righteousness, justice, and peace.

As we reflect on these readings, let us take comfort in the knowledge that God's promises endure, even in the most difficult of times. Let us trust in Jesus, who offers us rest for our weary souls and shoulders the weight of our burdens. May we seek His guidance, His strength, and His love in all aspects of our lives, knowing that with Him by our side, we can face any trial or tribulation. Let us turn to Him and say, "Lord Jesus, help me. I surrender my burdens to You. Grant me the grace to find rest and hope in Your loving embrace."



## Religious Services to attend

**Morning Mass (Arles):** 10am Tuesday - Friday

**Recitation of the Rosary (Arles):** 9.30am Tuesday - Friday

**Confession:** After 10am Arles Mass (First Friday)

**Adoration of the Blessed Sacrament:** Tues. 11am-1pm (Killeen), Wed. 10am-9pm (Doonane) & Fri. 7.30pm-8.30pm (Ballylinan)

## In Memoriam

### Anniversaries for 05 July 2026

**Ballylinan (7pm):**

**Doonane (8pm):** Shane Brophy, Fairymount & a Birthday remembrance for his mother, Carmel Brophy

Lena Murphy, Doonane Road

**Killeen (9am):** Billy & Mary Kelly, Coolenaugh

**Arles (10am):** Paddy Kennedy, Arles (Months Mind)

**Mayo (11.30am):** Mary, Charles & Michael Quinn Gurtahile

### Anniversaries for 12 July 2026

**Ballylinan (7pm):** Margaret Davis & Andrew Brennan  
Bridget Nolan, Oldcourt (3rd anniversary)

**Doonane (8pm):** Martin Kirwan

**Killeen (9am):** Martin Whelan, Greenlawns,  
Hollymount

**Arles (10am):** Margaret Kenna (1st Anniversary)  
Michael Kane, Tennisrath

**Mayo (11.30am):**

*Eternal rest grant unto them, O Lord*



Arles Doonane Parish Office

(083) 8765 800

✉ arlesdoonane@parish@gmail.com

Opening Hours: Tuesday & Friday morning (10am-1pm)



Refreshments will be served in Arles Hall after Graveyard Mass on Friday 10th July.

*All are welcome!*

## Notice

Recently, a parishioner mentioned that a number of items have been taken from graves in Doonane Graveyard. This is a very unfortunate and upsetting occurrence for a number of families.

Each graveyard is a precious and sacred site. Such activities are a desecration to the memory of our departed loved ones. Let us all work together to be more vigilant in cherishing our burial grounds and to dissuade individuals who may be conducting such activities.

## Safeguarding

DLP: Kathleen Sherry, mobile number 085-8021633 and email: dlp@kandle.ie

Parish Safeguarding Rep: Christine Oglesby (087) 654 6149



## Relics and Exhibition of St Thérèse of Lisieux at Carmelite Friary Church, Kildare

Novena to Our Lady of Mount Carmel from 7th to 16th July 2026, with Mass each day at 10:00am in Carmelite Friary Church, White Abbey, Kildare Town.

A special moment of grace will take place on Thursday, 16th July 2026, when the relics of St Thérèse of Lisieux will be present at the 10:00am Mass for public veneration. This marks the 25th-anniversary milestone of the historic 2001 visit of the relics of St Thérèse to Ireland.

The Feast Day Mass of Our Lady of Mount Carmel on 16th July.

*All are welcome to attend.*

## Recovery College Southeast

Are running four short, practical workshops every Tuesday in July, 10:30am – 12:30pm via Zoom:

7th July – Challenging Unhelpful Thinking Patterns

14th July – Dealing With Worry

21st July – Creating Healthy Habits

28th July – Let's Talk Procrastination

All workshops are free, open to everyone, and can be attended individually or as a series.

Contact: info@recoverycollegesoutheast.com or call 086 1746330.



## Lotto Results

Winning Numbers

11 12 23 24

Jackpot €1,200

Jackpot - No Winner

Lucky Dip €20 - Tara McSweeney

Lucky Dip €20 - Deirdre Jordan

Lucky Dip €20 - Criostoir Maher

Lucky Dip €20 - Patrick O'Reilly

Next Weeks Jackpot €1,250

## St Bridget's Lough Derg Pilgrimage 2026

Three-day pilgrimages: Thursday 13th August - Saturday 15th August; Bus departs: Monasterevin, Kildare, Newbridge, Naas, Sallins, Clane, Kilcock, Maynooth, Mulhuddart.

For bookings: Joe 0873815887/ Deirdre 087 2467594 or email: deirdregleeson@medwise.ie



## Dates for your Diary

### Graveyard/Cemetery Masses

Doonane - Tuesday 7th July at 7.30pm

Killeen - Wednesday 8th July at 7.30pm

Killabban - Thursday 9th July at 7.30pm

Arles - Friday 10th July at 7.30pm

*Eternal rest grant unto them, O Lord*

Please Note: No morning mass in Arles this coming week to accommodate the Graveyard/Cemetery Masses.



## ACCORD Carlow

We offer counselling in Carlow at St Catherine's on Tuesdays, Wednesdays and Thursdays, and we have two upcoming Marriage Preparation courses in September and November in Carlow. Please contact carlow@accord.ie or phone 086 4149034 for more details.

*"Pray, Hope, and Don't Worry"*

*~ St. Pio of Pietrelcina*



## Leighlin Dementia Friendly Community

We would like to welcome people living with Dementia and their carers to join us on Friday, July 10th in Leighlin Parish Centre (R93KR83) for a cuppa and a chat. 11-12.30 p.m. Looking forward to meeting you.

