

## First reading

A reading from the first book of Kings

Elijah went into the wilderness, a day's journey, and sitting under a furze bush wished he were dead. 'O Lord,' he said 'I have had enough. Take my life; I am no better than my ancestors.' Then he lay down and went to sleep. But an angel touched him and said, 'Get up and eat.' He looked round, and there at his head was a scone baked on hot stones, and a jar of water. He ate and drank and then lay down again. But the angel of the Lord came back a second time and touched him and said, 'Get up and eat, or the journey will be too long for you.' So he got up and ate and drank, and strengthened by that food he walked for forty days and forty nights until he reached Horeb, the mountain of God.

*The Word of the Lord*

**Response:** Taste and see that the Lord is good.

## Second Reading:

A reading from the letter of St. Paul to the Ephesians.

Do not grieve the Holy Spirit of God who has marked you with his seal for you to be set free when the day comes. Never have grudges against others, or lose your temper, or raise your voice to anybody, or call each other names, or allow any sort of spitefulness. Be friends with one another, and kind, forgiving each other as readily as God forgave you in Christ.

Try, then, to imitate God as children of his that he loves and follow Christ loving as he loved you, giving himself up in our place as a fragrant offering and a sacrifice to God.

*The Word of the Lord.*

## Today's Mass Readings

### Gospel Acclamation

Alleluia, alleluia! If anyone loves me he will keep my word, and my Father will love him, and we shall come to him. Alleluia!

### Gospel

A reading from the holy Gospel according to John

The Jews were complaining to each other about Jesus, because he had said, 'I am the bread that came down from heaven.' 'Surely this is Jesus son of Joseph' they said. 'We know his father and mother. How can he now say, "I have come down from heaven"?' Jesus said in reply, 'Stop complaining to each other.

'No one can come to me unless he is drawn by the Father who sent me, and I will raise him up at the last day. It is written in the prophets: They will all be taught by God, and to hear the teaching of the Father, and learn from it, is to come to me. Not that anybody has seen the Father, except the one who comes from God: he has seen the Father. I tell you most solemnly, everybody who believes has eternal life. 'I am the bread of life. Your fathers ate the manna in the desert and they are dead; but this is the bread that comes down from heaven, so that a man may eat it and not die. I am the living bread which has come down from heaven. Anyone who eats this bread will live forever; and the bread that I shall give is my flesh, for the life of the world.'

*The Gospel of the Lord*



# CONTACT

ARLES, BALLYLINAN & KILLEEN NEWSLETTER



Parish Website: arlesparish.ie

08th August 2021

19th Sunday in Ordinary Time

## Reflection

*"I am the living bread that came down from heaven. If anyone eats of this bread, he will live forever. And the bread that I will give for the life of the world is My flesh."*

On two occasions, Jesus miraculously fed thousands of people in the wilderness, re-enacting events from Moses' day when God provided manna from heaven for His people in the desert. The day after Jesus first fed the people, many returned, hoping for more food.

Instead of performing another sign, Jesus claimed that He Himself was the Bread – the Manna that had come down from heaven. He had come from heaven into the wilderness of the world, amidst a spiritually-wandering people who saw themselves in a theological exile. Jesus then went further than simply associating Himself with bread; He said that whoever would come to Him would never hunger again.

In the agrarian culture of first-century Jews, having bread was essential to survival. There was no endless supply of bread (in dozens of varieties) available at the local market. Simply put: without bread, there was no life. Even today, almost everything we eat comes from something else that has died. Dead animals provide us with meat. Dead wheat gives us bread. Vegetables come from dead plants. When we see how other life dies that we may live, Jesus' words take on a new meaning. "I am the Bread of Life" is another way of saying: "Without My death, you cannot live." Just as bread is the essential element in the human diet, Jesus says that He Himself is the foundation for spiritual life. Without His death, no one else can live. Those who come to Him will never again be hungry. Those who believe in Him will never again thirst. Through His death, we live.



John describes many people turning away and rejecting Jesus after the "Bread" speech. Many today will also find it too hard to swallow that Jesus is more than just one religious teacher in a diverse grocery-store selection of beliefs. Yet, Jesus' words remain true. Whoever eats the bread that He gives (His flesh) will live eternally. (Trevin Wax )



# In Memoriam

**We pray for:** Michael Fitzpatrick, Clonagh who died during the past week.

## Anniversaries for 07 Aug / 08 Aug

Killeen (9am): John Brophy, Rossena

Alfred Oglesby

Arles (10am): Denis, Evelyn & Jude Kenny

Ballylinan (8pm): Ann Hutchinson & deceased members of Hutchinson & O'Dwyer families (11.30am):

## Anniversaries for 14 Aug / 15 Aug

Killeen (9am):

Arles (10am): Margaret Doogue (5th anniversary)

Kevin Fitzpatrick

Michael Kane, Tennisrath, (Months Mind)

Ballylinan (8pm):

(11.30am):

## Parish Office & Shop

(059) 862 5456

Tuesday & Friday 10am – 1pm

arlesparish@gmail.com

*Please contact our Office if you wish to book an anniversary mass, a baptism, or your wedding.*



### Parish Contact Details

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Parish Office: (059) 862 5456

Parish Website: arlesparish.ie

### Weekly Collections

Sunday 01st August

Arles: Offertory €151.92

Envelope €210.00

Ballylinan: Offertory €213.87

Envelope €192.00

Killeen: Offertory €103.70

Envelope €104.00

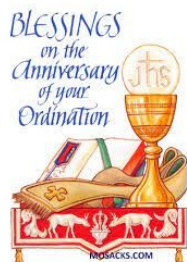
*A sincere word of thanks to all those who contribute to the upkeep of our parish.*



The sick and housebound in the parish will be attended on Thursday 12th August.

We wish Bishop Denis every joy and happiness on the 8th anniversary of his episcopal ordination (4th August 2013).

May he enjoy many more years as Bishop of our diocese.



### Safeguarding

DLP: Mick Daly, mobile number 085-8021633 and email: dlp@kandle.ie

Parish Safeguarding Rep: Christine Oglesby (087) 654 6149

**LOUGH DERG** The Lough Derg Pilgrim Path The Lough Derg Pilgrim Path on the lough shore is now open daily. The full route is a 12km loop, with a shorter 8km option, and several information boards highlight features of particular interest. Leaflets are available at the Visitors Centre.



Further dates for these guided walks will follow for late August and early September.

For bookings and further information email [info@loughderg.org](mailto:info@loughderg.org) or telephone 0 (0353) 71 9861518.

[www.loughderg.org](http://www.loughderg.org)



### COVID-19

#### Support Line for Older People

ALONE manage a national support line and additional supports for older people who have concerns or are facing difficulties relating to the outbreak of COVID-19 (Coronavirus). Professional staff are available to answer queries and give advice and reassurance where necessary. The support line is open seven days a week, 8am - 8pm, by calling 0818 222 024.



*Thank you for your continued support of our Covid 19 practices in our churches and for all our ceremonies.*



Like every indoor space, facemasks are required to be worn for all our religious ceremonies in our three churches.

Thank you for your co-operation in this regard.



St. Theresa Benedicta of the Cross

(Edith Stein)

~ 9th August ~

*Do not accept anything as love which lacks truth.*



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*Bulldozer: Someone who sleeps through political speeches.*

