First reading

A reading from the first book of Exodus

The whole community of the sons of Israel began to complain against Moses and Aaron in the wilderness and said to them, 'Why did we not die at the Lord's hand in the land of Egypt, when we were able to sit down to pans of meat and could eat bread to our heart's content! As it is, you have brought us to this wilderness to starve this whole company to death!' Then the Lord said to Moses, 'Now I will rain down bread for you from the heavens. Each day the people are to go out and gather the day's portion; I propose to test them in this way to see whether they will follow my law or not. 'I have heard the complaints of the sons of Israel. Say this to them, "Between the two evenings you shall eat meat, and in the morning you shall have bread to your heart's content. Then you will learn that I, the Lord, am your God." And so it came about: quails flew up in the evening, and they covered the camp; in the morning there was a coating of dew all round the camp. When the coating of dew lifted, there on the surface of the desert was a thing delicate, powdery, as fine as hoarfrost on the ground. When they saw this, the sons of Israel said to one another. 'What is that?' not knowing what it was. 'That' said Moses to them 'is the bread the Lord gives you to eat.'

The Word of the Lord

Response: The Lord gave them bread from heaven.

Second Reading:

A reading from the letter of St. Paul to the Ephesians.

I want to urge you in the name of the Lord, not to go on living the aimless kind of life that pagans live. Now that is hardly the way you have learnt from Christ, unless you failed to hear him properly when you were taught what the truth is in Jesus. You must give up your old way of life; you must put aside your old self, which gets corrupted by

Today's Mass Readings

following illusory desires.
Your mind must be renewed

by a spiritual revolution so that you can put on the new self that has been created in God's way, in the goodness and holiness of the truth.

The Word of the Lord.

Gospel Acclamation

Alleluia, alleluia! I am the Way, the Truth and the Life, says the Lord; No one can come to the Father except through me. Alleluia!

Gospel

A reading from the holy Gospel according to John

When the people saw that neither Jesus nor his disciples were there, they got into boats and crossed to Capernaum to look for Jesus. When they found him on the other side, they said to him, 'Rabbi, when did you come here?' Jesus answered: 'I tell you most solemnly, you are not looking for me because you have seen the signs but because you had all the bread vou wanted to eat. Do not work for food that cannot last, but work for food that endures to eternal life, the kind of food the Son of Man is offering you, for on him the Father, God himself, has set his seal.' Then they said to him, 'What must we do if we are to do the works that God wants?' Jesus gave them this answer, 'This is working for God: you must believe in the one he has sent.' So they said, 'What sign will you give to show us that we should believe in you? What work will you do? Our fathers had manna to eat in the desert; as scripture says: He gave them bread from heaven to eat.' Jesus answered: 'I tell you most solemnly, it was not Moses who gave you bread from heaven, it is my Father who gives you the bread from heaven, the true bread; for the bread of God is that which comes down from heaven and gives life to the world.' 'Sir,' they said 'give us that bread always.' Jesus answered: 'I am the bread of life. He who comes to me will never be hungry; he who believes in me will never thirst.'

The Gospel of the Lord

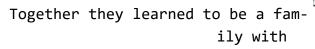


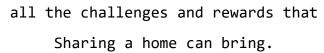
A Prayer for the Home

You gave your Son a loving, caring home

God of mercy and compassion,

with Mary and Joseph.





May their story inspire and give courage

To all those who share a home together.

May we, in this home, always cherish one
another and be ready to forgive one another daily.

May our home be a place of welcome for all who come our way.

Amen.



In Memoriam

We pray for: Majella Brophy, Maidenhead, and Bridget Sutton (nee Carter) of Bootle, Merseyside. Liverpool and formerly of Carlow Road, Ballylinan, who died during the past week.

Anniversaries for 31 July/01 Aug

Killeen (9am): Lily Byrne, Grange

Anthony Brennan (2nd Anniv.) Arles (10am):

Ballylinan (8pm):

(11.30am):

Thursday (10am): Joseph Browne, Kilcruise

Anniversaries for 07 Aug / 08 Aug

Killeen (9am): John Brophy, Rossena

Alfred Oglesby

Arles (10am):

Ballylinan (8pm):

(11.30am):

Parish Office & Shop

(059) 862 5456

Tuesday & Friday 10am -1pm

arlesparish@gmail.com



Safeguarding

DLP: Mick Daly, mobile number 085-8021633 and email:

Parish Safeguarding Rep: Christine Oglesby (087) 654 6149

Weekly Collections

Sunday 25th July

Arles: Offertory €136.76

> Envelope €274.00

Ballvlinan: Offertory €169.12

> €297.70 Envelope

€130.75 Killeen: Offertory

> Envelope €175.00

A sincere word of thanks to all those who contribute to the upkeep of our parish.



The sick and housebound in the parish will be attended on Thursday 5th August.





St Alphonsus Ligouri

~ August 1st ~

"Your God is ever beside you — indeed, He is even within vou."

Saint Alphonsus Liguori, was an Italian Catholic bishop, spiritual writer, composer, musician, artist, poet, lawyer, scholastic philosopher, and theologian.

He founded the Congregation of the Most Holy Redeemer, known as the Redemptorists, in November 1732.

He is the patron saint for all those suffering from arthritis, sciatica, muscular pains, and the like.



Parish Contact Details

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Parish Website: arlesparish.ie



LOUGH The Lough Derg Pilgrim Path The Lough Derg Pilgrim Path on the lough shore is now open daily. The full route is a 12km loop, with a shorter 8km option, and several

information boards highlight features of particular interest. Leaflets are available at the Visitors Centre.

Further dates for these guided walks will follow for late August and early September.

For bookings and further information email info@loughderg.org or telephone 0 (0353) 71 9861518.

www.loughderg.org



COVID-19

Support Line for Older People

ALONE manage a national support line and additional supports for older people who have concerns or are



facing difficulties relating to the outbreak of COVID-19 (Coronavirus). Professional staff are available to answer queries and give advice and reassurance where necessary. The support line is open seven days a week, 8am - 8pm, by calling 0818 222 024.

Thank you for your continued support of our Covid 19 practices in our churches and for all our ceremonies.





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St. John Vianney

~ August 4th ~

St. John Vianney (8 May 1786 - 4 August 1859) was a French

Catholic priest who is venerated as the patron saint of parish priests. He is often referred to as the "Curé d'Ars" (i.e. the parish priest of Ars).

