TODAY'S MASS READINGS

First reading

A reading from the book of Exodus



God spoke all these words. He said, 'I am the Lord your God who brought you out of the land of Egypt, out of the

house of slavery. 'You shall have no gods except me. 'You shall not utter the name of the Lord your God to misuse it, for the Lord will not leave Gospel unpunished the man who utters his name to misuse it. 'Honour your father and your mother so that you may have a long life in the land that the Lord your God has given to you. 'You shall not kill. 'You shall not commit adultery. 'You shall not steal. 'You shall not bear false witness against your neighbour. 'You shall not covet your neighbour's house. You shall not covet your Making a whip out of some cord, he drove them neighbour's wife, or his servant, man or woman, or his ox, or his donkey, or anything that is his.'

The Word of the Lord

Responsorial Psalm

Response: You, Lord, have the message of eternal life.

Second reading

A reading from the first letter of St. Paul to the Corinthians

While the Jews demand miracles and the Greeks look for wisdom, here are we preaching a crucified Christ; to the Jews an obstacle that they cannot get over, to the pagans madness, but to those who have been called, whether they are Jews or Greeks, a Christ who is the power and the wisdom of God. For God's foolishness is wiser than human wisdom, and God's weakness is stronger than human strength.

The Word of the Lord



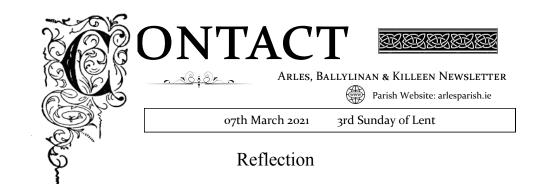
Praise to you, O Christ, king of eternal glory! I am the resurrection and the life, says the Lord;

whoever believes in me will never die.

Praise to you, O Christ, king of eternal glory!

A reading from the holy Gospel according to Mark

Just before the Jewish Passover Jesus went up to Jerusalem, and in the Temple he found people selling cattle and sheep and pigeons, and the money-changers sitting at their counters there. all out of the Temple, cattle and sheep as well, scattered the money-changers' coins, knocked their tables over and said to the pigeon-sellers, 'Take all this out of here and stop turning my Father's house into a market.' Then his disciples remembered the words of scripture: Zeal for your house will devour me. The Jews intervened and said, 'What sign can you show us to justify what you have done?' Jesus answered, 'Destroy this sanctuary, and in three days I will raise it up.' The Jews replied, 'It has taken forty-six years to build this sanctuary: are you going to raise it up in three days?' But he was speaking of the sanctuary that was his body, and when Jesus rose from the dead, his disciples remembered that he had said this, and they believed the scripture and the words he had said. During his stay in Jerusalem for the Passover many believed in his name when they saw the signs that he gave, but Jesus knew them all and did not trust himself to them; he never needed evidence about any man; he could tell what a man had in him.



In the Gospels Jesus calls us to "be merciful, just as your Father is merciful."

Mercy or tender compassion (chesed in the Hebrew of the Old Testament) is God's most distinctive characteristic. St. Augustine reminded us that we are, by our very nature, ordered to God. But since God is tender mercy, "having" God is tantamount to exercising compassion, being merciful ourselves.

And attend to what Jesus says next: "Stop judging and you will not be judged. Stop condemning and you will not be condemned. Forgive and you will be forgiven. Give and gifts will be given to you." According to the "physics" of the spiritual order, the more one draws on the divine life, the more one receives that life, precisely because it is a gift and is properly infinite. God's life is had, as it were, on the fly: when you receive it as a gift, you must give it away, since it only exists in gift form, and then you will find more of it flooding into your heart.

If you want to be happy, Jesus is saying, this divine love, this *chesed* of God, must be central to your life; it must be your beginning, your middle, and your end.



Form a new heart within.

This Sunday brings us closer to the font of renewing our baptismal commitment. It is also the first of three Scrutinies for the Rite of Christian Initiation of Adults.

We are deeply aware that there is a struggle going on in us. We turn to God, that we might not become discouraged. We rely on God's compassion and love for us.

We acknowledge who we are - sinners who experience the consequences of our selfishness -

but we know we are loved and we desire to be filled with hope.

We go into this week renewed in our desire to continue our prayer, fasting and generosity toward others.



The Gospel of the Lord

In Memoriam

This Mass is broadcast on radio Medium 109

Anniversaries for 07 March

(11.30am):

Anniversaries for 09 March

(Tuesday 10am): Ann Kelly,

Tierernane, Ballickmoyler

(Months Mind)

Anniversaries for 14 March

(11.30am):

Liam Brennan, Ballylinan (2nd Anniv) Paddy Brennan, The Strand (1st Anniv.)

Parish Office & Shop

From this Tuesday the Parish Office will open for reduced hours (10-12 Tuesday only) to facilitate those who wish to get a mass card, book an anniversary, or drop in their parish envelope offering, etc.



Safeguarding DLP: Mick Daly, mobile number 085-8021633 and email: dlp@kandle.ie

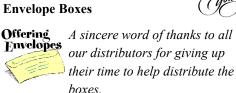
Parish Safeguarding Rep: Christine Oglesby (087) 654 6149



Parish Contact Details

Fr. Padraig Shelley PP (059) 914 7637

Parish Office: (059) 862 5456



An Act of Spiritual Communion

My Jesus, I believe that You are

present in the Most Holy Sacrament. I love You above all things, and I desire to receive You into my soul.

Since I cannot at this moment receive You sacramentally, come at least spiritually into my heart

I embrace You as if You were already there and unite myself wholly to You.

Never permit me to be separated from You. Amen.

~ 8:8%

Fr. Tommy O'Shea PE (059) 862 5261

arlesparish@gmail.com



Penance is an essential part of the lives of all Christ's faithful. It arises from the Lord's call to conversion and repentance, a call that is central to the season of Lent. We do penance:

in memory of the passion and death of the Lord,

as a sharing in Christ's suffering,

as an expression of inner conversion,

as a form of making amends for sin.

As Catholics we are encouraged to practice forms of Friday Penance throughout the year. The season of Lent is a time when we might be especially mindful of this practice. The following are suggestions from the Irish Bishops' Conference as ways of fulfilling Friday penance:

Abstaining from meat or some other food

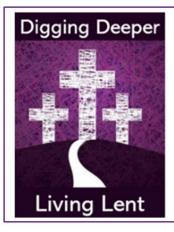
Abstaining from alcoholic drink or smoking

Making a special effort at involvement in family prayer

Making a special effort to participate in Mass on Fridays

Making the Stations of the Cross

Helping the poor, sick, old, or lonely.



Third Sunday of Lent: Some Suggestions for the Week

+ Persevere in your chosen resolutions for Lent and remember their purpose is to bring you closer to God

+ Think of one habit you can create to help keep Sunday holy in your home

+ Make sure you have your Trócaire box for the home and find out about the Trócaire campaign to help people living in conflict in South Sudan

+ Go for a walk and contemplate the beauty of God's creation + Do a Friday Penance

+ Find ways to conserve and reduce your use of water in the home. See www.water.ie/conserve for easy tips that go a long way