



Today's Mass Readings

my speeches and the sermons that I gave, there were none of the arguments that belong to philosophy; only a demonstration of the power of the Spirit. And I did this so that your faith should not depend on human philosophy but on the power of God.

The Word of the Lord.

Gospel Acclamation

Alleluia, alleluia! I am the light of the world, says the Lord; anyone who follows me will have the light of life. Alleluia!

Gospel

A reading from the holy Gospel according to Matthew

Jesus said to his disciples, 'You are the salt of the earth. But if salt becomes tasteless, what can make it salty again? It is good for nothing, and can only be thrown out to be trampled underfoot by men.

'You are the light of the world. A city built on a hill-top cannot be hidden. No one lights a lamp to put it under a tub; they put it on the lamp-stand where it shines for everyone in the house. In the same way your light must shine in the sight of men, so that, seeing your good works, they may give the praise to your Father in heaven.'

The Gospel of the Lord



First reading

A reading from the prophet Isaiah

Thus says the Lord:

Share your bread with the hungry, and shelter the homeless poor, clothe the man you see to be naked and do not turn from your own kin. Then will your light shine like the dawn and your wound be quickly healed over.

Your integrity will go before you and the glory of the Lord behind you. Cry, and the Lord will answer; call, and he will say, 'I am here.'

If you do away with the yoke, the clenched fist, the wicked word, if you give your bread to the hungry, and relief to the oppressed, your light will rise in the darkness, and your shadows become like noon.

The Word of the Lord

Responsorial Psalm

Response: The good man is a light in the darkness for the upright.

Second Reading

A reading from the first letter of St. Paul to the Corinthians.

When I came to you, brothers, it was not with any show of oratory or philosophy, but simply to tell you what God had guaranteed. During my stay with you, the only knowledge I claimed to have was about Jesus, and only about him as the crucified Christ. Far from relying on any power of my own, I came among you in great 'fear and trembling' and in



ARLES DOONANE PARISH NEWSLETTER

SERVING ARLES, BALLYLINAN, DOONANE, KILLEEN AND MAYO

5th Sunday in Ordinary Time

8th February 2026

God in heaven for the fruits it may produce. To help lights shine and to give flavour to the world is our task today. Another way of putting it might be: how are the effects of our encounter with Jesus Christ evident in our lives?

Jane Mellet

Salt and Light

In today's Gospel we hear of two scenarios where salt is concerned: one is that we are called to be 'salt of the earth'. What salt does for food, Christians are called to do for the world – to give life 'taste'. You might recall someone who brought 'taste' to your own life, encouraging you on your journey, offering hope, a new insight or project, someone you followed and learned from. What gifts did they bring?

The other scenario in the Gospel today is where salt has lost its taste – how can it be restored? You might recall someone you placed great hope in, whether it be a family member, a public figure, a Church leader or politician; someone who had vision and inspired others. Yet the 'salt' or the 'taste' was lost. We see this all around us in our world, when someone's potential is lost.

There are many situations in our world today where people's light is not allowed to shine. It is controlled, hidden, prevented from being used for the benefit of all because of jealousy or perhaps others are afraid of the consequences. Jesus tells us that these lights must shine, for all, and then we can give glory to



Morning Mass (Arles): 10am Tuesday - Friday

Recitation of the Rosary (Arles): 9.30am Tuesday - Friday

Religious Services to attend

Confession: After 10am Arles Mass (First Friday)

Adoration of the Blessed Sacrament: Tues. 11am-1pm (Killeen), Wed. 10am-9pm (Doonane) & Fri. 7.30pm-8.30pm (Ballylinan)

In Memoriam

Anniversaries for 8 February 2026

Ballylinan (7pm): Michael Kelly (1st Anniversary) and Breda Kelly (3rd Anniversary)

Paddy Dunne (3rd Anniversary)

Doonane (8pm): Betty Hosey (Months Mind)

Bridget O'Neill, Crettyard

John Kealy, The Sawn (1st Anniversary)

Killeen (9am): Ann Kelly, Tierernane

Patrick & Ellen Kenna

Arles (10am): Peter & Mary Farrell, Arles

Katie Graham (2nd Anniversary)

Kathleen Wall, Ballinagall (50th Anniversary)

Mary Koster, Ashfield (50th Anniversary)

Mayo (11.30am): Logan Farrell-Rice

Peter Whelan, Dromagh

Anniversaries for 15 February 2026

Ballylinan (7pm): Paddy Flanagan (Months Mind)

Eddie Doyle

Doonane (8pm): Patrick Nash, Doonane Tce

Killeen (9am): Bernie Kelly, Killabban

May Lawless & deceased family (45th Anniversary)

Arles (10am):

Mayo (11.30am):

Eternal rest grant unto them, O Lord



Lego Exhibition

Killeen Hall



Sunday 8th March

11am — 4pm

Admission: under 3s Free

Individual Ticket €8

Family Ticket €32 (5 people)



Sharing from the Table of the Lord: Training for Extraordinary Ministers of Holy Communion



Would you like to be a Minister of Holy Communion? The next training course takes place in Newbridge Parish Centre on Saturday, 14 February from 10 am to 4 pm. Participants will receive a diocesan certificate of participation. If you would like to attend this training, please contact the parish office.

World Day of Prayer for the Sick Wednesday 11 February

Mass with Anointing of the
Sick at 10am in Arles.

All welcome.



*"Wise sayings often fall on barren ground,
but a kind word is never thrown away."*

~Arthur Helps ~



Best Wishes to the students who make their Confirmation this coming Thursday in St. Abban's Church, Doonane. And we welcome Bishop Denis who will confirm our young people.



Lotto Results

3rd February 2026

Winning Numbers

1 2 13 16

Jackpot €7,900

Jackpot - No Winner

Lucky Dip €20 - Neil Shiels

Lucky Dip €20 - Jason Purcell

Lucky Dip €20 - John Delaney

Lucky Dip €20 - Kathleen Purcell

Next Weeks Jackpot €7,950

REMINDER:- ANNUAL SUBSCRIPTION IS NOW DUE FOR RENEWAL.

COST IS €90 PER YEAR FOR 50 DRAWS

Please play at <https://sl1.ie/cretyard-gaa> or with any committee member



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Parish Contact Details

Parish Office: (083) 8765 800

Opening Hours: Tuesday 10am - 1pm & Friday 10am - 1pm

Kildare, Monasterevin &
Rathangan Parishes Lourdes
Pilgrimage

8th June – 12th June 2026

4 Nights from Cork Airport, €825 pp Sharing



For further information, please contact :
Monasterevin Parish Office @ 045 525 346

For bookings, please contact Joe Walsh @
01 241 0800

